

## Do you find reading or writing a bit tricky sometimes?

This short questionnaire is here to help you figure out if you might show signs of **dyslexia**. Dyslexia is a common learning difference that can make reading, writing, and spelling harder. It can also affect things like memory, getting organised, and keeping track of time. It's not about how smart or motivated you are – lots of people with dyslexia are creative, capable, and super successful.

This isn't a medical test or a diagnosis. It's just a way to see if some of the challenges you face might be related to dyslexia.

If the results suggest that you might have dyslexia, you can contact our **Equity and Learner Success Advisor** – [cris.mirkin@serviceiq.org.nz](mailto:cris.mirkin@serviceiq.org.nz) to make a free dyslexia screening appointment.



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# Questionnaire

Please answer these questions as best as you can. There are no right or wrong answers.  
Your answers are private and won't be shared with anyone.

	Score
1. I avoid writing things like emails, reports, or forms if I can.	
<input type="checkbox"/> Never <input type="checkbox"/> Rarely <input type="checkbox"/> Sometimes <input type="checkbox"/> Often <input type="checkbox"/> Always	
2. I often struggle to spell everyday words, even ones I've used many times.	
<input type="checkbox"/> Never <input type="checkbox"/> Rarely <input type="checkbox"/> Sometimes <input type="checkbox"/> Often <input type="checkbox"/> Always	
3. I have to read things more than once to really understand them.	
<input type="checkbox"/> Never <input type="checkbox"/> Rarely <input type="checkbox"/> Sometimes <input type="checkbox"/> Often <input type="checkbox"/> Always	
4. I find it hard to get my thoughts clearly onto paper.	
<input type="checkbox"/> Never <input type="checkbox"/> Rarely <input type="checkbox"/> Sometimes <input type="checkbox"/> Often <input type="checkbox"/> Always	
5. I misread signs, instructions, or small details.	
<input type="checkbox"/> Never <input type="checkbox"/> Rarely <input type="checkbox"/> Sometimes <input type="checkbox"/> Often <input type="checkbox"/> Always	
6. I forget names, lists, or instructions unless I write them down.	
<input type="checkbox"/> Never <input type="checkbox"/> Rarely <input type="checkbox"/> Sometimes <input type="checkbox"/> Often <input type="checkbox"/> Always	
7. I have trouble staying organised or managing my time.	
<input type="checkbox"/> Never <input type="checkbox"/> Rarely <input type="checkbox"/> Sometimes <input type="checkbox"/> Often <input type="checkbox"/> Always	
8. I feel overwhelmed by long documents or dense text.	
<input type="checkbox"/> Never <input type="checkbox"/> Rarely <input type="checkbox"/> Sometimes <input type="checkbox"/> Often <input type="checkbox"/> Always	
9. At school I was told I wasn't trying hard enough – even when I was.	
<input type="checkbox"/> Never <input type="checkbox"/> Rarely <input type="checkbox"/> Sometimes <input type="checkbox"/> Often <input type="checkbox"/> Always	
10. I feel nervous or embarrassed when I have to read or write in front of others.	
<input type="checkbox"/> Never <input type="checkbox"/> Rarely <input type="checkbox"/> Sometimes <input type="checkbox"/> Often <input type="checkbox"/> Always	
11. I find it easier to learn by listening rather than reading.	
<input type="checkbox"/> Never <input type="checkbox"/> Rarely <input type="checkbox"/> Sometimes <input type="checkbox"/> Often <input type="checkbox"/> Always	
	<b>Total</b>

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## Add up your score!

Never = 0   Rarely = 1   Sometimes = 2   Often = 3   Always = 4

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## What your score suggests

Total score	What it suggests (this is just a screening tool, not a diagnosis)
0–10	Unlikely to show signs of dyslexia
11–20	Mild signs – may have some difficulties worth monitoring
21–30	Moderate signs – further investigation recommended
31–44	Strong signs – formal screening is advised

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## What's next?

This isn't a medical test or a diagnosis. It's just a way to see if some of the challenges you face might be related to dyslexia.

If your results suggest that you might have dyslexia, fill out the referral form on the next page and email it to our **Equity and Learner Success Advisor** – [cris.mirkin@serviceiq.org.nz](mailto:cris.mirkin@serviceiq.org.nz) to make a free dyslexia screening appointment.



# Pearson dyslexia screening referral form

This evidence-based screening tool is designed to identify potential indicators of dyslexia in trainees above 16 years of age.

The referral, screening, and results are **strictly confidential** and will only be shared with your permission. Once completed, please email this form to our **Equity and Learner Success Advisor** – [cris.mirkin@serviceiq.org.nz](mailto:cris.mirkin@serviceiq.org.nz)

## Trainee / apprentice details

Full name:

Phone number:

Email address:

Trainee / apprentice qualification:

Expected finish date:

Owner (SSA):

Referral date:

Times and days available:

Access to a computer:

☐ Yes ☐ No

Available to meet on Teams:

☐ Yes ☐ No

Available to meet on Whatsapp:

☐ Yes ☐ No