

## Pacific Health and Wellbeing Directory

These organisations provide additional support on mental wellness, cultural identity, and community liaison.

- ▶ **Le Va** [www.leva.co.nz](http://www.leva.co.nz) (online support)  
Pacific organisations that support services for the best possible health and wellbeing outcomes.
- ▶ **Aunty Dee** <https://www.auntydee.co.nz/> (Free online tool for mental wellbeing)  
Aunty Dee is a free online tool for anyone who needs some help working through a problem or problems. It doesn't matter what the problem is, you can use Aunty Dee to help you work it through.
- ▶ **The Fono Auckland** <https://thefono.org/> (Henderson, Blockhouse Bay, Auckland CBD, Manurewa, North Shore, Kaikohe)  
Pacific health and wellbeing including financial support, food hubs, domestic violence prevention.
- ▶ **F'ine Pasifika** [finepasifika.org.nz](http://finepasifika.org.nz) (online support)  
Pacific organisation offering affirming care and support for Pacific MVPFAFF+ / LGBTQI+, Rainbow and Queer. Advocating health and wellbeing support.
- ▶ **innerBoy App** <https://innerboy.nz/> (online support)  
Developed with cultural sensitivity and deep understanding, the innerBoy App offers a safe space where men can explore their emotions and access a range of supportive tools, insights, and resources.
- ▶ **1737** <https://1737.org.nz/> (online/phone support)  
The 1737 team provides brief counselling support, identifying key issues, helping plan some steps to take and, in many cases, connecting with more comprehensive support services available.
- ▶ **Fonua Ola Network** [www.fonuaola.org.nz/](http://www.fonuaola.org.nz/) (Auckland region covering the areas of South, West, Central and East Auckland, Online)  
Fonua Ola is a social service for Pacific by Pacific. Support with financial capability, community connection network, family violence support, mental health and addictions support, parenting programmes, youth programmes.
- ▶ **Whānau Manaaki** <https://wmkindergartens.org.nz/> (Lower and central North Island, South Otago)  
Whānau Manaaki is a not-for-profit organisation that runs more than 100 kindergartens and several home-based early education services across the lower and central North Island and South Otago.

► **K'aute Pasifika Trust** <https://kautepasifika.co.nz/> (Hamilton)

K'aute Pasifika is the lead provider of the Aere Tai Midland Pacific Collective. The trust delivers a combination of medical, Whānau Ora, and education services to the various Pacific communities throughout the Waikato region.

► **Kainga Pasifika Services Trust** <https://www.facebook.com/KaingaPasifika> (Hawke's Bay)

The Kainga Pasifika Services Trust is based in Flaxmere and provides Whānau Ora navigation, family violence and education to support the health and well being services to Pacific communities throughout the Hawke's Bay area.

► **Marlborough Pacific Trust** <https://www.marlboroughpacifictrust.co.nz/> (Blenheim, Marlborough)

Pacific Trust delivers programmes and services that aspire to make positive and meaningful changes in the lives of our Pacific people. Navigators work alongside families to support them to achieve their goals through Whānau Ora.

► **Nelson Tasman Pasifika Community Trust** <https://www.facebook.com/NelsonTasmanPasifika> (Nelson)

The Nelson Tasman Pasifika Community Trust mission is to provide, support and strengthen the Nelson Tasman Pasifika Community to grow, achieve and prosper.

► **Pacific Health Plus** <https://www.phplus.co.nz/> (Cannons Creek, Porirua)

Pacific Health Plus is a general practice-based service that provides a suite of medical and mental health services as well as Whānau Ora navigation service.

► **Pacific Island Community (Tauranga) Trust** <https://www.facebook.com/PICTT>

Based in Tauranga, the Pacific Island Community (Tauranga) Trust ("PICTT") provides mobile nursing, advocacy, social service and community support work in addition to Whānau Ora navigation services.

► **Pacific Island Homecare Servies Trust** <https://pacifichomecare.org.nz/> (South Auckland)

Pacific Homecare provides home-based healthcare throughout the Auckland region to the Pacific disabled and the elderly community who wish to stay living at home, but who need assistance.

► **Pacific Islands Advisory Charitable Trust** <https://www.piaact.org.nz/> (Invercargill)

PIACT's purpose is to see an integrated Pacific community on an equal footing with mainstream New Zealand while retaining our cultural integrity. They also offer community health, social and education services as well as a Whānau Ora wellbeing approach to support families to achieve their goals.

► **Pacific Trust Otago** <https://www.pto.nz/> (Dunedin)

Pacific Trust Otago (PTO) was established in 1999 and serves the Pacific community of Otago. The primary focus of the trust is to engage with and support activities to improve the well-being of Pacific people.

► **Papaioea Pasifika Community Trust** <https://www.facebook.com/PNPasifikaCentre15> (Palmerston North)

The Papaioea Pasifika Community Trust (PPCT) is a Palmerston North based organisation which focuses on activities that create a resilient and thriving Pacific community. PPCT provides Pacific language, health advocacy, and health promotion services in addition to Whānau Ora Navigation Services.

- ▶ **Rotorua Pacific Islands Development Charitable Trust** <https://rotorupacificislandstrust.co.nz/> (Western Bay of Plenty)  
Established in April 2000, the Rotorua Pacific Islands Development Charitable Trust was established to enable Pacific people of the Western Bay of Plenty to succeed in every area of life.
  
- ▶ **South Waikato Pacific Islands Community Services Trust** <https://swpics.nz/> (South Waikato)  
The South Waikato Pacific Islands Community Trust (SWPICS) provides a range of Whānau Ora, medical, health promotion, mental and family support services to Pacific people throughout the South Waikato region.
  
- ▶ **Taeaomanino Trust** <https://www.taeaomanino.org.nz/> (Porirua, the Hutt Valley and Wainouiomata)  
Based in Porirua, the Taeaomanino Trust delivers a wide range of services to enables high levels of health, social and economic well-being to be the expected experience of all Pacific peoples. This includes social work, mental health, and counselling services and their reach extends from Porirua, the Hutt Valley and Wainouiomata.
  
- ▶ **Tangata Atumotu Trust** <https://www.tat.org.nz/> (Christchurch)  
Tangata Atumotu Trust has been delivering health and social services to the Pasifika community in Christchurch for over 25 years. Service includes: mobile nursing, financial literacy, stop smoking services.
  
- ▶ **The South Seas Health Care Trust** <https://www.southseas.org.nz/> (South Auckland)  
South Seas Healthcare Trust is based in Ōtara, South Auckland and provide a range of health and social services throughout South Auckland.
  
- ▶ **The Tongan Health Society (Langimalie)** <https://www.tonganhealth.com/> (Auckland)  
The Tongan Health Society (Langimalie) is a Tongan based health and wellbeing, education, social service and Whānau Ora provider based across two sites in Auckland.  
Contact Katalina Fifita (027 580 1111) or Seini Latu (021 902 029) for Whānau Ora support.
  
- ▶ **The Village Community Services Trust** <https://villagetrust.co.nz/> (Auckland)  
The Village Community Services Trust (“The Village”) is a community-based organisation led by community leaders with a focus on the needs of Pacific communities.
  
- ▶ **Vaimoana Pasifika Charitable Trust** <https://taranakivaimoanapasifika.org/> (Taranaki)  
The main focus of the Vaimoana Pasifika Charitable Trust is on Pasifika families and individuals. As the only Pasifika Organisation in Taranaki, the trust aims to provide support to enable families to access various services within the region.